

# SANDSTONE INTERNATIONAL CLIMBING YOUTH CAMP



11.08.-17.08.2019

## Location:

Ostrov u Tise, Czech Republic



Unique, specific skills are required to enjoy climbing on sandstone what forms excellent terrain for rock climbing with great friction qualities as well as chimneys and cracks. The camps official language is English.

## Participants:

Young people from 12 to 18 years old. Participants should be able to climb with rope (top rope) and should be autonomous for managing belay, should be able to abseil autonomously. We will be offering places to maximum of 7 children participants per country with 2 leaders/instructors. All participants are required to speak English at least on a basic communication level.

## Equipment:

Climbing harness, climbing shoes, climbing helmet, belay device and head torch, climbing clothing and toiletry kit, water bottle, any personal medication.

## Price:

90 EUR per participant, via bank transfer. Accommodation, full board, instructor and organizational costs of guides included. Travel costs are not included.

## Registration deadline:

Until 31st of May 2019. It is also deadline for payment.

## Insurance:

Participants should be insured for accident, rescue, third party liability and travel which is valid for participating in the programme of climbing and trekking. A copy of each insurance should be presented to the organisers on arrival.

## Activities:

The main goal of this youth climbing camp is to practice specific forms of sandstone climbing on one of most famous sandstone climbing area in the world, with the instructions and lead of local guides in Ostrov in Czech Republic.

## Accommodation:

It will be provided in camp called Autokemp pod Císařem in Ostrov u Tisé. Participants will sleep in bed in small bungalows, but it is necessary to bring a sleeping bags.

## Contact:

The camp is organized by five national associations, for more informations contact your national Mountaineering Association representative and Magdaléna Jančíková from Czech Mountaineering Association

## email:

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